

WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the district's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections.



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

If applicable, write a narrative below to describe your district's areas of success in meeting its wellness goals.

Willington Public Schools been successful with implementing its wellness goals. The District is in compliance with the federal requirements that regulate school meals and all a la carte snacks meet smart snack standards. The District offers the National School Breakfast program daily and ensures all meals meet the nutrition standards for reimbursable. We have a policy in place to ensure the privacy of our free/reduced students. Water is readily available to students throughout the day. The District prioritizes physical education and physical activity. The District is meeting the standards for physical education teachers to have professional development and students to have ample physical education class time. Our elementary school students have recess daily.



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

The District had a lot of positive results from the Triennial Assessment. This assessment helped us identify our opportunity for improvement. We identified the need to hold more meetings for our wellness committee and have all members there to participate. We plan to review our policy

and its practices. We plan to implement improvements as a group. Such improvements include, ensuring that all fundraisers on school grounds that sell food and beverage items and celebrations that take place during school hours meet the smart snack standards. The District needs to implement a plan to increase student participation in school meals. The District identified a need to review our health curriculum to ensure we are meeting all K-12 standards consistently throughout the year. In our health curriculum, we hope to incorporate more nutrition and connect with our school food professionals for those lessons. The district would also like to bring in locally growing foods with a Farm to School program.



SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

The Wellness Committee will discuss a plan to strengthen our wellness policy to include more specific language. Such as, nutrition education, school meal standards, physical education times, and marketing. The wellness committee plans to specifically review strategies to improve policy language relating to classroom parties/events, the Triennial Assessment, promoting school meals, and time provided for students to eat meals.



SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

Based on the results of the Triennial Assessment, the wellness committee will develop an action plan to strengthen policy language and practice implementation over the next three years. The action plan may include, strategies to increase committee member involvement, strategies to improve and update communications with committee members and the community. Such as,

emailing, utilizing the District's website, and social media. The wellness committee will continue to monitor all the federal requirements related to the wellness policy.